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ANTIBACTERIAL ACTIVITY OF ETHANOLIC EXTRACT OF LEAVES SWEET BASIL (Ocimum basilicum) AGAINST DIARRHEA CAUSED BY Escherichia coli IN VITRO

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ABSTRACT

The effects of ethanolic extract of leaves sweet basil (*Ocimum basilicum*) upon enterobaceriacea *Eschericia coli in vitro* were studied. At a ratio of 100 mg/ml, *Ocimum basilicum* caused a marked increase in zone of inhibition (mm) of the *Eschericia coli* growth. The sizes of inhibition zones were different and substantially increased according to concentration of extract and again the growth was completely inhibited in the highest concentration. A similar outcome was observed using 24 hours incubation period of bacterial growth. Furthermore, *Ocimum basilicum* had dependent concentration effect on *Eschericia coli* inhibition; it extended the diameter of zone inhibition. Induction of zone inhibition was also time dependent. Surprisingly, the results of MIC showed that *Ocimum basilicum* extract had lower MIC (0.312 mg/ml) against *E. coli* which reversal the growth of bacteria mediated by sensitivity to this extract. Unlike outcome was observed using metronidazole, the results demonstrated that *E. coli* was more sensitive to ethanolic extract of *Ocimum basilicum* extract on diarrhea caused by *Eschericia coli*.

KEYWORDS: Sweet basil (Ocimum basilicum), Escherichia coli, and Diarrhea

INTRODUCTION

Diarrhea is defined as an increase in the water content, frequency and volume of bowel movement. It can be serious problem, and it was one of the common causes of morbidity and mortality among neonates animals and infants in developing countries (Al-Ukaily, 2009). Survival of the neonatal is imperative for Mild cases of diarrhea disappear within a few days, but sever cases can causes serious dehydration or nutritional problem. The severe dehydration can make the body go into shock and potentially fatal (Rice et al., 2000). The most important cause of diarrhea is Escherichea coli which classified in the family Enterobacteriaceae, a gram negative, facultative, non-spore forming coccobacilli. Distribution of E. coli in the environment is determined by its presence in the bowel of humans and animals. Its presence in water supplies is an indication of recent fecal contamination and the potential presence of enteric pathogens. E. coli is easily grown in or on culture media. This microorganism is often referred to as a "coliform bacterium" which is able to ferment lactose with the production of acid and gas (Molenda, 1994 and Wold, 2009).

Resistance in intestinal *E. coli*

Jonathan (2001) has made an experimental attempt to prove that E. coli has the ability to become resistant to the antibiotics when having exposure to antimicrobial agents. The development of drug resistance in intestinal bacteria is very different in vitro and in vivo conditions (Yan and Gilbert, 2004). Antimicrobial resistance can be transferred,

rapidly, through a susceptible bacterial population in vitro. The possibility of transfer in the normal gut, however, can be detected only at a very low rate (Licht et al., 1999). Evidence obtained from laboratory and epidemiological studies indicated that the persistence of resistant bacteria was related to the persistence of antimicrobial drug use (Andersson, 2003). If an antimicrobial drug is used, continuously, the persistence of resistant organisms will go on. Thus, E. coli has often higher degrees of antimicrobials which have a long history of use (Alhaj et al., 2007). Series of studies on the resistance of E. coli which were isolated from animals and humans have strongly suggested that those bacteria which are resistant to antimicrobials used in animals would also be resistant to antimicrobials used in humans (VSPA, 2006; Miles et al., 2006; Umolu et al., 2006). Mayrhofer et al., (2006) showed a direct relationship between the degree of antimicrobial use and resistance in E. coli isolates. E. coli isolated from different animal species was different concerning the degree of resistance (Burch, 2005). E. coli isolates from domestic species was resistant to the largest number of antimicrobial agents tested (neomycin, gentamicin, sulphonamides, chloramphenicol, orfloxacin, tetracycline, ampicillin, cephalothin, Metronidazole, trimethoprim-sulfamethoxazole, nalidixic acid, nitrofurantoin, and sulfisoxazole) compared with isolates from human excretions, wildlife and surface water (Sayah et al., 2005). Antimicrobials which are affected more by the resistance of fecal E. coli (Mathew et al., 1999).

Brief history of Medicinal Plant

During the last century, the practice of herbalism became mainstream throughout the world. In spite of great advances observed in modern medicine, plants still make an important contribution to health care. This is due to the recognition of the value of traditional medical systems, particularly of Asian origin, and the identification of medicinal plants from indigenous pharmacopoeias, which have significant healing power. Medicinal plants are distributed worldwide, but they are most abundant in tropical countries (Calixto, 2000; Lewis, 2001).

According to the World Health Organization (WHO, 2001) "a medicinal plant" is any plant which in one or more of its organ contains substances that can be used for the therapeutic purposes or which are precursors for the synthesis of useful drugs. This definition distinguishes those plants whose therapeutic properties and constituents have been established scientifically and plants that are regarded as medicinal but which have not yet been subjected to thorough investigation.

The term "herbal drug" determines the part/parts of a plant used for preparing medicines (for example: leaves, flowers, seeds, roots, barks, stems, etc) (Anonymous, 2007).

Ocimum basilicum plant

Classification of Ocimum basilicum

Basil (*Ocimum basilicum*) of the family Lamiaceae The plant tastes somewhat like anise, with a strong, pungent, sweet smell. Typically called sweet basil, or Holy basil. The plant grows in several regions around the world. The genus *Ocimum* is ranked high among some of the astonishing herbs for having enormous medicinal potentialities. Previous studies show that there are large numbers of species and varieties falls in this genus (Labra *et al.*, 2004 and Klima'nkova *et al.*, 2008).

Pharmacological Effect of the plant extract (*Ocimum basilicum*)

O. basilicum has also been used in the treatment of a number of ailments like bronchitis, rheumatism and pyrexia(Keita *et al.*, 2000) The fixed oil of *O. basilicum* was found to possess significant anti-inflammatory (Chaurasia *et al.*, 1977) and anti-ulcer activity (Chaurasia *et al.*, 1997), along with anti-microbial (Rana *et al.*, 1997), analgesic and spasomlytic properties without any noticeable toxicity or hypoglycemic effects (Sethi *et al.*, 1979) and is an effective anti-diarrheal, antioxidant, anti-depressant and anti-helmentic and enhances wound healing (Vohora *et al.*, 1973).

In traditional medicine, *Ocimum basilicum* has been used as an antioxidant, antiseptic, preservative, sedative, digestive regulator and diuretic. It also has been recommended for the treatment of headaches, coughs, infections of upper respiratory tract, kidney malfunction and to eliminate toxins (Evans *et al.*, 2006).

O. basilicum belongs to Lamiacheae, distributed worldwide. It is used for various applications as poultice or salve for insect bites, acne and ringworms, as a gargle for mouth or thrush, as a bath herb for increased energy and eye wash for tired eyes. The essential oils of the basil are added to massage for sore muscles. The dried herb used as antiseptic incense and the juice can be applied to fungal infections (Valsara, 1994; Oudhia, 2003).

Basil has been used in Turkish folk medicine for many years and has several therapeutic effects for several conditions such as digestive and appetizing effects (Asimgil, 1997). It was reported that the leafy parts of basil had tonic, antiseptic (Kosekia et al., 2002) and insecticidal properties (Umerie et al., 1998). It is also known the leaves of basil are suitable for the treatment of pain and cough (Basilico and Basilico, 1999). In addition, basil is used for cough treatment, inflammations, dyspepsia, aches and pains (McClatchey, 1996). The essential oil from basil showed an inhibitory effect on Aspergillus ochraceus (Basilico and Basilico, 1999) and antimicrobial activity (Hili et al., 1997). The activity of basil against multi-drug resistant clinical isolates from the genera Staphylococcus, Enterococcus and Pseudomonas has been studied (Opalchenova and Obreshkova, 2003).

Ocimum basilicum showed inhibitory effect on Escherichia coli, Klebsiellapneumonia, Staphylococcus aureus, Pseudomonas aeruginosa and Proteus sp. (Durga et al., 2010) the Ocimum oil has been described to be active against several species of bacteria and fungi. These include Listeria monocytogenes, Shigella, Salmonella and Proteus, for fungi Trichophyton rubrum, Trichophyton mentagrophytes, Cryptococcus neoformans, Penicillum islandicum, and Candida albicans (Lopez et al., 2005)

Ethanolic extraction having better inhibition over methanolic extraction. The other extracts indicated an average inhibitory zone diameter for tested pathogenic microorganisms (*Escherichia coli, Staphylococcus aureus, Pseudomonas aeruginosa* and *Bacillus subtilis*). All antibacterial activities were observed to be concentration dependent.(Tomar U. S. *et al.*, 2010).

MATERIALS & METHODS

Preparation of Crude Organic Solvent Extract of Ocimum basilicum Plant

Organic solvent extraction of the Ocimum basilicum leaves was carried out by using ethanol (95% ethyl alcohol) which is considered as a very effective in extracting the active ingredients of the plant according to method described by (Effraim, 2000) This was done by using Soxhlet apparatus (Electrothermal company in England), which consists of an electric heater with a thermostat regulator upon which a round bottom glass flask placed that fitted to an extraction unit. The extracting unit contains the solvent and cellulose (thumble) located inside it that contains the dry plant powder. A distiller unit is fitted on to the extraction unit. For condensation of vapor solvent, 50 g. of plant leaves powder was put inside the thumble and 500 ml of 95% ethanol was put inside the flask. The extraction was carried out for 24 hours by heating temperature that kept the solvent at 50-60 C° until a clear and colorless solvent appeared in the extracting unit. After that, the extract was dried by using an electric oven at temperature at 40-45 C° until dry extract was obtained. The dry extract was placed in an incubator under 38-40 C° for complete dryness of the sample .The final extract was kept frozen at -20 C° until use.

Bacteria spp. of Study

Pathogenic bacterial isolate was obtained from the diarrhea patients in Heet Hospital. Bacteria was identified by morphological and biochemical tests.

Analytical Profile Index for E. coli Test

It was done by Ministry of Health/Centeral Puplic Health Lab. According to Quinn *et al.*, (2004), it was used for diagnosis of the bacterial spp. By using API 20E system Biomeruix after 24 hrs. incubation at 37 C^{0} as in figure (1)



FIGURE 1: Positive results of *E*.*coli* on API 20E

In-vitro Antibacterial Antibacterial of Ethanolic Extract of *Ocimum basilicum* Plant

Preparation of Standard Bacterial Suspension

The average number of viable, *Escherichia coli* organism per ml of the stock suspension was determined by means of the Standard McFarland solution No.0.5. By taking 1 ml from overnight culture (nutrient broth) of bacterial suspension washing with 9 ml of Pepton water, then taking 1 ml of this suspension and making serial ten-fold dilution. Standard McFarland solution No.0.5 was prepared according to Baron *et al.*, (1994).

Preparation of Different Concentration of Plant extract

Stock solutions were prepared by mixing 1 g. of dried extract with 10 ml of 50% Dimethylsulphoxide (DMSO) that was sterilized with Millipore membrane filter (0.20 μ m). Then concentrations of 10, 20, 40, 60, 80 and 100 mg/ml were prepared by mixing known volume from the stock solution with 50% DMSO.

Sensitivity test by using Agar well diffusion method

The agar well diffusion method was adopted according to (Kavanagh, 1972), for assessing the antibacterial activity of the prepared extract. 5 ml of standardized bacterial stock suspensions (1.5 $\times 10^8$ cfu/ml) of *E. coli* was thoroughly mixed to each 500 ml of sterile Mueller Hinton agar. 20 ml of the inoculated Mueller Hinton agar was distributed into sterile Petri dishes of each. The agar was left to set for 10 minutes to allow solidifying the agar, and in each of these plates 6 well, 6 mm in diameter were cut using a sterile Pasteur pipette and the agar discs were removed by a sterile forceps, after that wells were filled with 0.1ml of each concentration of 10, 20, 40, 60, 80 and 100 mg/ml of Ocimum basilicum extract using microtiterpipette, that allowed to diffuse at room temperature for two hours. The plates were then incubated in the upright position at 37 C° for 24 hours. Three replicates were carried out for each concentration extract and the activity of plant extract was determined by measuring the diameter

of inhibition zone around each well by millimeter against the tested organism. Simultaneously, addition of the respective solvent (50% DMSO) instead of extract was carried out as controls. The results and standard errors means values were tabulated.

In-vitro Antibacterial Antibacterial of Standard antibiotics

Gentamicin, Amikacin, Metronidazol and Trimethoprime/Sulfamethoxazole were used as a reference antibiotics to determine sensitivity of bacterial species tested (Sharma and Patel, 2009).The same technique which was used for *Ocimum basilicum* antibacterial sensitivity was used for determination of Standard antibiotic activity by using the concentrations of 10, 20, 40, 60, 80 and 100 mcg/ml., 0.1 ml of sterilized distilled water was served as a control.

Determination of Minimum Inhibitory Concentration (MIC) of *Ocimum basilicum* Against Tested Bacteria

MIC was determined by using broth dilution assay method (16). In the tube dilution assay, standard bacterial suspension $(1.5 \times 10^8 \text{ cfu/ml})$ was added to tubes containing 10 ml Nutrient broth and different concentration 80mg/ml, 40mg/ml, 20mg/ml, 10mg/ml, 5mg/ml and 2.5mg/ml, 1.25mg/ml, 0.625mg/ml, 0.312mg/ml and 0.156 final concentrations.

Two tubes containing plant extract and nutrient broth served as negative control and positive control, respectively. After 24 h incubation at 37 C°, the tubes were examined for growth. The MIC of extract was taken as the lowest concentration that showed no growth (Asghari *et al.*, 2006; NCCLS, 2000.)

Minimum bactericidal concentration test (MBC) of Ocimum basilicum against Tested Bacteria

For minimum bactericidal concentration (MBC) test, (0.1 ml) of broth from test tube containing no growth were plated on to nutrient agar and again incubated overnight at 37 °C overnight. The highest dilution in which no survivor existed was recorded as MBC. (Asghari *et al.*, 2006).

RESULTS & DISCUSSION

Extraction of Ocimum basilicum

Extraction of *Ocimum* leaves with 95% ethanol gave a deep green color extract with plant powder yield percentage of 13%, this was determined by using the following equation:

Percentage yield of the extract = weight of extract (gm) / weight of *Ocimum* powder (gm) \times 100 (Banso and Adeyemo, 2006). =13 (gm) / 100 (gm) \times 100 =13%

This result is almost similar to the results of Tomar *et al.*, (2010) who found that the percentage recovery of ethanolic extract was 10.6 % w/w from fine *ocimum* leaves powder which was extracted by using a soxhlet apparatus. The near similarity in yield percentage may be attributed to the same solvent which had been used in our extraction.



FIGURE 2: Soxhlet apparatus

In-vitro Antibacterial Activity of Ethanolic Extract of Ocimum basilicum Leaves

Different concentrations of ethanolic extract of Ocimum were used in agar well diffusion assay, caused different degrees of zones of inhibition against *E.coli*. The sizes of inhibition zones were different according to concentration of extract table (1) and figure (3). The results showed that *E. coli* was more sensitive to ethanolic extract of *Ocimum* than Metronidazole it was resistance to Metronidazole. Dimethylsulfoxide (DMSO) 50% was used as control, it was not give any noticed zone of inhibition, 50% DMSO

was used as a solvent for *Ocimum basilicum* crude extract through both in-vitro and in-vivo studies, it consider one of the solvent that can be used for screening the antimicrobial activity of plant extracts because its 100% biologically inert substances (Fardos, 2009). The results of inhibitory zone indicating the sensitivity of *E. coli* after 24hrs of incubation, towards different tested extract concentrations. All antibacterial activities were observed to be concentration dependent, that was in agreement with Tomar *et al.*, (2010).

TABLE 1: In-vitro antibacterial activity of O. basilicum extract in different concentrations on E. coli (diameter of inhibition zone in mm)



FIGURE 3: Sensitivity of E. coli to different concentrations of O.B. extract and antibiotics

Determination of Minimum inhibitory concentration (MIC) of *Ocimum* Extract against Bacterial Growth

The results of MIC showed that Ocimum basilicum extract had lower MIC (0.312mg/ml) against E. coli. Sensitivity of E. coli to Ocimum extract is in agreement with (Ahmet et al., 2005; Durga et al., 2010) who indicated that, MIC of ethanol extract of Ocimum against E. coli was below 0.5mg/ml. (Priya et al., 2002) reported that the results of the MIC of extracts on the tested organisms varied widely in the degree of their susceptibility. Antimicrobial agents with low activity against organism have a high MIC while a highly active antimicrobial agent gives a low MIC. Amadioha and Obi, (1999)reported that inactivity of plant extracts may be due to age of plant, extracting solvent, method of extraction and time of harvesting of plant materials. And may due to concentration of solvents, this confirmed our study when we used 95% ethanol for extraction. (Nwinyi, 2009) he referred in his study that ethanol extracts exhibited high inhibitory activity on the test organisms, this can be deduced to the ability of ethanol to extract more of the essential oils and secondary plant metabolites which are believed to exert antibacterial activity on test organisms.

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